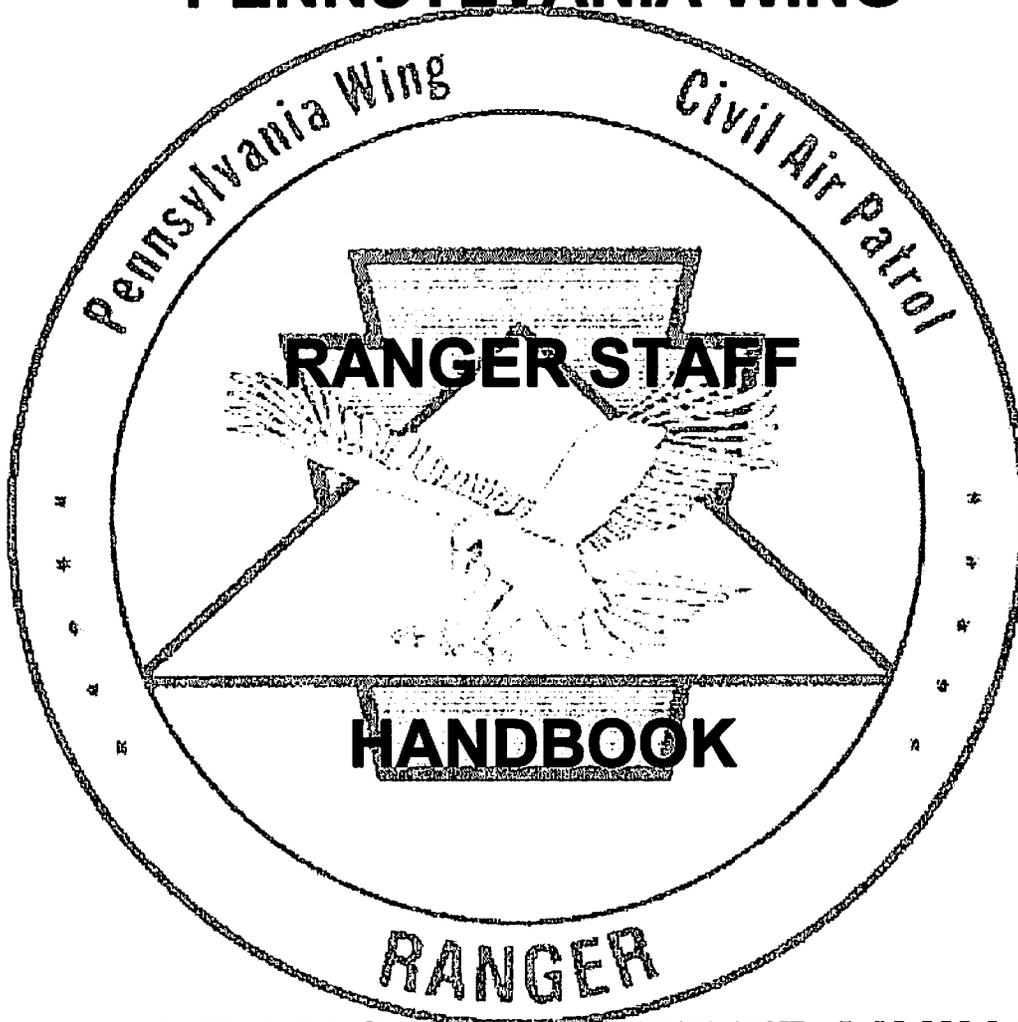


# PENNSYLVANIA WING



## 2010 RANGER STAFF TRAINING

NAME: \_\_\_\_\_

HOME UNIT: \_\_\_\_\_



Pennsylvania Wing Civil Air Patrol  
HAWK MOUNTAIN RANGER SCHOOL  
UNITED STATES AIR FORCE AUXILIARY  
Building 3-108 Fort Indiantown Gap  
Annville PA 17003



1 January 2010

**MEMORANDUM FOR ALL RANGER STAFF TRAINING STUDENTS**

**FROM:** Col Herbert C Cahalen  
Hawk Mountain Ranger School Commander

**SUBJECT:** Welcome to 2010 Ranger Staff Training

1. I commend you on your decision to attend the PAWG Ranger Staff Training Program. You will be exposed to an intensive learning experience. Each and every one of us will gain valuable training experience and knowledge that will help us in all aspects of our lives. Ranger Staff Training is not just eight weekends, but a year round commitment to train, support, and achieve your personal best. The fact that you have chosen to devote your time to this training speaks highly of your motivation and dedication to CAP and the Ranger Program.
2. The Hawk Mountain Ranger School is the longest continuing Search & Rescue School in the Nation. This is one of the finest training activities available to CAP members. We are proud of the staff members who credit this training as instrumental in their success as lawyers, doctors, business professionals, entrepreneurs, and civil servants. These staff members have become leaders in their prospective fields as a direct result of the practical leadership experiences gained as Ranger Staff Members.
3. As the Hawk Mountain Ranger School Commander, it is my responsibility to ensure that the training provided meets the high standards of the Ranger Program. The Staff is continually developing and updating the training curriculum to meet our goals.
4. In order for this training to be a successful experience for you, you need to decide now to commit yourself totally to active participation in the entire training program. If you do not, you will not only miss out on vital training, but you will also cheat yourself out of a very rewarding experience.
5. Please review the entire Staff Training Handbook with your parents and local squadron commander to ensure everyone is aware of the level of commitment necessary for this program.
6. I am proud to welcome each of you to the program and look forward to working with you in the coming years. I have an open door policy; you may contact me at 301-775-5265 anytime, but remember your chain of command.

*Herb Cahalen*

Herbert C Cahalen, Col CAP  
Hawk Mt Ranger School Commander

To this day, in the National Search and Rescue Supplement to the International Aeronautical and Maritime Search and Rescue Manual, DOD Resources that may be available to assist include Air Force pararescue personnel, and, "specialized teams such as Army, Navy, and Air Force explosive ordnance disposal (EOD) teams, Navy sea-air-land (SEAL) teams, or CAP Ranger teams."

The Hawk Mountain Ranger School and the Pennsylvania Wing Ranger Program has been the model for many of the search & rescue programs throughout the country. It continues to be the single longest running school of its kind, devoted to search & rescue instruction.

On September 11, 2004, The Hawk Mountain Ranger School training area was dedicated as the "*Col. Phillip Neuweiler Memorial Training Center*," and now includes eight newly constructed offices, a student shower facility and a waste water collection system. During the 2005 school the chapel was reconstructed.

In August of 2007 our new rope training tower project was completed. This tower will enable on-site instruction in high angle rescue and is a welcome addition to our training program. Over half of the construction cost was raised by staff donations with matching funds from National HQ CAP. Also, a moral leadership office has been added to the back of the chapel; as well as a memorial garden to honor departed staff members.

In addition to the facility improvements a course was developed. This course was specifically designed to introduce the National Staff, other Region and Wing Commanders to the Hawk Mt Ranger School. The course is a condensed version of how to develop and run a Ranger School as well as an abridged version of the practical classes of the school. This course was attended by: *Major General Antonio Pineda- National Commander, CAP, Brigadier General Amy Courter- Vice Commander, CAP, Colonel Eileen Parker- DCS Training, CAP, Colonel John Tilton- Safety Officer, CAP, Colonel Andrew Worek, Legal Counsel, CAP, Lt Col Joseph Abegg- Emergency Services Officer, CAP, Region Staff, Colonel James Rushing- Commander, Southeast Region, Wing Staff, Colonel Stephen Miller- Commander, Minnesota Wing, Lt Col Thomas Kettell- Vice Commander, Minnesota Wing, Colonel Lyle Letteer- Commander, Georgia Wing, Lt Col Mark Lee- Vice Commander, Pennsylvania Wing*

For the past 50 years the Staff has carried on the responsibility of facility and program improvement. This mission continues year after year. As a new or current Staff Member, you are expected to do your share. This mission includes remaining on site until all duties are completed at the end of any given training weekend or school. The goal is not to be the first out of the gate, but to be the last, and only when there are no outstanding obligations.

## **Ranger Staff "We Lead"**

We all have the responsibility of seeing this program and facility into the next fifty years, so that our students will have the best in training and the finest facility in all of Civil Air Patrol.

## CADET COMMANDERS

Since its inception in 1960, the Ranger Staff Cadet Program has had some of Civil Air Patrol's finest cadet's share in the leadership of this rewarding program. These cadets have served in the position of Cadet Commander for this program:

1.	Thomas Kerr		18.	Terry Loughran	#155
2.	Joseph Spaniel	#6	19.	Keith Unangst	#170
3.	Bruce Zanders	#8	20.	Robert Jacoby	#175
4.	Horace Fantasia	#15	21.	Chris Reenock	#184
5.	John Cross	#14	22.	Brian Faunce	#182
6.	Brian Craig	#21	23.	Tim Cheslock	#185
7.	Paul Draper	#44	24.	Julius Armstrong	#191
8.	George Hrichak	#49	25.	Jason Phipps	#202
9.	Barry Gray	#55	26.	Tobias Long	#205
10.	Jeff Berky	#64	27.	Mike Courtright	
11.	Harry Williams	#85	28.	Beth Wirth	#208
12.	Jeff Riley	#106	29.	Mark Lindenmoyer	#214
13.	Andrew Worek	#115	30.	Robert Bernabucci	#213
14.	Laurie Jones	#137	31.	David Spillane	#223
15.	Tana Hawes		32.	Ryan Hoffman	#222
16.	John Wirth	#147	33.	Sean McIntyre	
17.	Kevin Loughran	#152	34.	Gabriel Goldsborough	

Cadet Commanders who did not command during a Summer School:

*# DENOTES BLACK BELT NUMBER OF THOSE WHO HAVE ACHIEVED EXPERT RANGER.*

1.	Mark Stephens	#90	6.	Alex Hanna	#197
2.	Mike Austin	#143	7.	Tim Grabowski	#219
3.	Todd Fasnacht	#230	8.	Kara Smith	
4.	Julia Benander	#179	9.	Chris Seufert	#218
5.	Sarah Ferdinand		10.	Lauren Hartman	#228

**RANGER STAFF TRAINING  
IMPORTANT PHONE NUMBERS AND ADDRESSES**

<p align="center"><b>SENIOR PROJECT OFFICER</b> 2d Lt Jeff Berky (267) 784-1696 jeffberky@comcast.net</p>	
<p align="center"><b>PLANNING OFFICER</b> 1st Lt Todd Fasnacht (845) 282-6426 bikerfoz@aol.com</p>	
<p align="center"><b>CADET COMMANDER</b> C/Lt Gabriel Goldsborough sharpiebum@hotmail.com 717-712-7028</p>	<p align="center"><b>CADET EXECUTIVE OFFICER</b></p>
<p align="center"><b>CADET PLANNING OFFICER</b></p>	<p align="center"><b>SENIOR SQUADRON COMMANDER</b></p>
<p align="center"><b>CADET SQUADRON COMMANDER</b></p>	<p align="center"><b>CADET SQUADRON EXECUTIVE OFFICER</b></p>

Hawk Mountain Ranger School  
Commander  
Col Herb Cahalene  
11579 Nor-Ray Cr  
Ijamsville MD 21754

(301) 607-6124 Home  
(301) 775-5265 Cell  
cahalene@comcast.net  
HAWK MOUNTAIN BASE CAMP  
610-756-4170  
[www.pawingcap.com/hawk](http://www.pawingcap.com/hawk)

# **THE RANGER STAFF PROGRAM**

## **OVERVIEW**

The purpose of the Ranger Staff Training Program is to produce well-trained leaders to staff Emergency Services activities and to assist Pennsylvania Wing in those activities. The present Ranger Staff Program is one of the most challenging programs that CAP offers. Through a grueling and concentrated schedule of weekends, the Staff

Candidates are instructed in:

- Leadership
- Survival
- Navigation
- Communications
- Patient Extraction
- Health, nutrition and medical
- Search theory and techniques
- Methods of instruction

**A Ranger Staff Cadet:**

Is a highly trained, extremely motivated, and well disciplined member of the PAWG Ranger Program, who lives by a strict code of ethics and an honor code. Ranger Staff Cadets rank among the highest caliber of cadets produced in Civil Air Patrol today.

Would rather resign than bring disgrace upon the Ranger Program. They are dedicated and committed to achieving the goals of Civil Air Patrol and the Ranger Program. They are dedicated not to any one person but rather the Program as a whole.

Is dedicated to the art of teaching and the principles of training. A Staff Cadet's leadership training lends itself to accomplishing the mission faster and more effectively. Ranger and Medical training is a key ingredient to aiding the injured and saving lives.

Will never fail at anything they do. If something does not turn out as expected, it is used as a learning experience and will eventually enhance their ongoing training.

Welcomes the challenge of doing the unexpected or untried. Staff members are trained to forge ahead and create a path rather than follow others or to sit by idly.

Is trained to identify, adapt, take action in the absence of orders, and overcome difficult situations or obstacles.

Technical subjects are further supplemented to accompany constant leadership development training. Through these training areas, the Staff Training Program offers hands-on training and experience for the responsibility the staff candidate will later fulfill. Today's staff is truly an important asset to CAP. This special leader, with high standards and a strong sense of discipline, is forever called upon to put the needs of the mission and the welfare of others ahead of their own personal concerns. Through diligent training and exacting performance the Staff Member exemplifies the Core Values of CAP, and symbolizes the vital role that the Ranger Program has occupied in Civil Air Patrol Emergency Services.

## **TRAINING NOTES**

All Ranger Staff are required to keep a notebook during their training. This notebook will include all assignments accumulated during the course of your training. The notebook will be checked every weekend during training, and will be graded for both content and neatness at the final training weekend. You will maintain an 8.5 X 11, one-inch, 3 ring binder to hold everything. You will take notes at all classes. Between weekends of training, you will write outlines from these notes for specific classes. These will become the lesson plan outlines for material that you may be expected to teach in the future.

## **TRAINING RECORDS AND PERSONNEL FILE**

A file will be kept by the personnel and training officers containing the following information: Attendance, Uniform discrepancies, Staff Training Homework, Evaluations, Critiques, Staff Agreements, Personal Counseling Forms, Review Board Reports, and Ranger Staff Training Record. These records will be used as part of your final evaluation on the final weekend. You may request to view your personnel file through the proper chain of command. The file will be viewed in the presence of a staff member. No file will be permitted to be given to the student to take home, but copies may be permitted with prior approval of the Ranger Coordinator. At no time will the original file be released to the staff cadet.

## **POLICIES FOR THE RANGER STAFF TRAINING PROGRAM**

The following policies are in effect for the PA Wing Staff Training Program:

- Hazing is not tolerated in accordance with CAPR 42-10.
- Hazing is defined as any conduct whereby someone causes another to suffer or to be exposed to any activity that is cruel, abusive, humiliating, oppressive, demeaning, or harmful. Actual or implied consent to acts of hazing does not eliminate the culpability of the perpetrator.
- Uniform wear in accordance with CAPM 39-1
- Orange Vest, Hard Hats, Leather Gloves, & Eye Protection will be worn in the field, during work details, or when safety dictates.  
NO CADET shall leave HMRS Base before dismissal without prior permission of the Project Officer. This includes all Staff Cadets and Students.

## **GOALS AND QUALIFICATIONS FOR RANGER STAFF**

- The following areas are necessary for the candidate to be able to satisfactorily fulfill their intended position. Both are goals of the training program and qualification.
- Each cadet must progress at least one achievement level at the home unit during staff training. *Exception: Cadets who have completed achievement 16.*
- Maintain at least a "C" average in school.
- In accordance with CAP regulations, several online tests are required to participate as Staff in the Ranger Program. Maintain ES Specialty.
- The following NIMS online courses and tests must be completed: IS 100- Introduction to Incident Command System and IS 700 - National Incident Management System (NIMS), An Introduction for yellow scarves. IS 200 - IS for Single Resources and Initial Action Incidents, and IS 800 - National Response Plan (NRP), An Introduction for orange scarves.

## **UNIFORM INSPECTION POLICY**

A Ranger Staff is a professional leader who relies on every aspect of their ability. First impressions count strongly, and good first impressions start with a good uniform. All staff members are required to wear the Ranger Base Uniform as shown on a handout you will be given. During the training weekends we will expect you to take care in making sure that your uniform is properly worn and neat. To insure that this happens, each training weekend (and at other activities) will open with a uniform inspection. Below is a list of what is required.

An infraction of any uniform inspection area will result in a point against you. Consistent high point totals on weekends will seriously jeopardize a candidate's ability to graduate.

- **HAT** - An orange baseball type hat is to be worn. (The Orange Hats that are sold at the HMRS BX are acceptable) Mesh hats will not be tolerated. Your squadron numbers in 2" flock will appear on the front of the cap in black felt numbers or embroidered. The bill of the hat will be slightly curved. Cadet Officers will wear cloth grade on the hat.
- **HAIR** - Standard CAP haircut as prescribed in CAPM 39-1.
- **SCARF**. You will wear a clean bib scarf with your uniform. The scarf will be ironed, but not creased down the center. The color you will wear is as follows:
  - Infantry Blue (looks Grey) – Ranger Team Member
  - Yellow – Ranger Staff in Training
  - Orange – Ranger Staff
  - Green – Medic in Training
  - Red – Medic
  - White - Ranger Team Commander
- **BLOUSE** - Two BDU blouses will be required for all Ranger Staff. You will have all the proper insignia affixed in the prescribed manner. See the handout or ask a staff member for guidance. You must have at least two sets by the final staff-training weekend.
- **WHISTLE AND CHAIN** - A whistle and chain will be attached to your BDU blouse. This will be worn for all staff candidates. The whistle must be worn with the chain. Chains without a whistle will not be tolerated, as the purpose is defeated.
- **T-SHIRTS** - Staff Candidates are to wear orange t-shirts with CAP National Seal over the left breast and Civil Air Patrol Search & Rescue across the back. Members of Ranger Staff will wear the orange t-shirt with the Ranger Staff Keystone emblem on the left breast. Black T-shirts are reserved for Expert Rangers only.
- **BELT** - A white pistol belt will be worn neatly over top of the BDU blouse. The blouse will be tucked neatly underneath the belt, with no creases or wrinkles apparent. Black pistol belts are reserved for Expert Ranger and red pistol belts are reserved for Master Medics. The belt for Ranger Staff is white with brass trim. A **WHITE** belt means that it should not be gray, brown, or any other dirty or tarnished color. You will also wear the standard BDU belt underneath your blouse.
- **PANTS** - Two BDU pants are required. They should fit well, and not be torn or excessively faded. Both shirt and pants should match and be ironed. You must have at least two sets by the final staff-training weekend.

## **HONOR RANGER STAFF CADET AWARD**

This award will be given during the final staff training weekend. The award will be given to one Basic Staff Cadet and one Advanced Staff Cadet. The award represents the "best" student in that training class. Evaluation for this award will begin at the first weekend and continue through the final weekend. Evaluation criteria for the award will include, but is not limited to the following:

- Attitude and Motivation
- Bearing
- Courtesy & Discipline
- Attendance
- Uniform Inspections
- Homework Assignments, Training Assignments, Training Tests
- Obstacle Course Performance
- Personal Performance and Outstanding Deeds

The Senior & Cadet Commanders of each training squadron will recommend a candidate for the award to the Cadet Commander and Project Officer. The Project Officer will make the final decision.

## **NOTICE OF RECERTIFICATION**

Notice will be given to a Ranger Staff Cadet who shows a lack of knowledge in an area of study in the Ranger program, which hampers their performance in the program. The training department will give notice. They then have a given amount of time to study and be retested in the area of deficiency. If they fail to be re-tested successfully by the deadline, the deadline will be extended once. After the extension date, they will appear before a performance board and face possible expulsion from the program. While under notice of re-certification, they may not instruct in any area covered by the notice.

## **RANGER STAFF ASSIGNMENTS AND ATTENDANCE**

The Ranger Staff Program is responsible for providing leadership for ALL PAWG Ground Search & Rescue activities and Ranger Functions. It is imperative that the program be able to rely on its own members for participating in scheduled events as staff. This may cause a conflict for those weekends that you may want to attend as a student. At these times, one must remember self-sacrifice, dedication to duty, and loyalty to the program.

Continuation of Ranger Staff Training is extremely important. The program has been designed to give the majority of the training in the first two years. You will never cease to learn as a member of Ranger Staff. It is important that you complete all formal training offered to you by the Ranger program. You may not receive your yellow or green scarf and decide that your level of training is sufficient for your needs. The needs of the Ranger Program require fully trained, experienced leaders. As a candidate, you do not possess all the tools and skills necessary to fully function as a staff member without supervision. Remember that you are "in training". Even when you receive your orange or red scarf, your attendance at Ranger Events is required. You may be offered additional management/leadership classes as well as gain practical leadership experience in a staff position.

# INDIVIDUAL EQUIPMENT CHECKLIST

## Required Equipment

### UNIFORM AND POCKET ITEMS: Have at all times

- |                             |                                 |                              |
|-----------------------------|---------------------------------|------------------------------|
| 1.) BDU-for weather         | 7.) Wallet (ID, quals, & money) | 13.) Lighter                 |
| 2.) Boots-for weather       | 8.) Notepad                     | 14.) Compass w/ lanyard      |
| 3.) Orange hat              | 9.) Pens & Pencils              | 15.) Spoon                   |
| 4.) Webbed pistol belt      | 10.) Pocket knife               | 16.) Handkerchief or tissues |
| 5.) Proper scarf (if staff) | 11.) Watch                      | 17.) Insoles for boots       |
| 6.) Whistle                 | 12.) Coins for phone            |                              |

### DAY GEAR: Necessary equipment for most operations

- |                           |                                |                                 |
|---------------------------|--------------------------------|---------------------------------|
| 1.) Orange hard hat       | 12.) Rain gear                 | 23.) 2 long burn candles        |
| 2.) Orange vest           | 13.) Snacks for 24 hours       | 24.) Can opener                 |
| 3.) Leather gloves        | 14.) Spare socks               | 25.) Spare boot laces           |
| 4.) Eye protection        | 15.) Open & lensatic compasses | 26.) Safety pins                |
| 5.) Flashlight/headlamp   | 16.) Snare wire                | 27.) Permanent marker           |
| 6.) Extra bulbs/batteries | 17.) Toilet paper              | 28.) Rubber bands               |
| 7.) 15' tubular webbing   | 18.) 30' fishing line          | 29.) Zip-lock bags              |
| 8.) 50' para chord        | 19.) Fish hooks                | 30.) Trash bags                 |
| 9.) Waterproof matches    | 20.) 3'x3' aluminum foil       | 31.) Surveyor's tape (2 colors) |
| 10.) 2 quarts of water    | 21.) 6" hacksaw blade          | 32.) Duct tape                  |
| 11.) Canteen cup          | 22.) Signal mirror             | 33.) Poncho/tarp                |

### EXTENDED GEAR: For spending multiple nights in the field

- |                            |                                |                                |
|----------------------------|--------------------------------|--------------------------------|
| 1.) Proper pack with frame | 7.) Socks & underwear          | 13.) Additional flashlight     |
| 2.) Sleeping bag           | 8.) Stove or sterno            | 14.) Spare batteries and bulbs |
| 3.) Sleeping pad           | 9.) Mess equipment             | 15.) Zip ties                  |
| 4.) Ground cloth           | 10.) Soap and towel            | 16.) Spare clothes             |
| 5.) Shelter/tarp           | 11.) Toothbrush and toothpaste |                                |
| 6.) Jacket/sweater         | 12.) 3 days of food            |                                |

### FIRST AID KIT: In your day gear

- |                        |                     |                           |
|------------------------|---------------------|---------------------------|
| 1.) 2" Adhesive tape   | 6.) Alcohol swabs   | 11.) First aid cream      |
| 2.) Cravats            | 7.) Throat lozenges | 12.) 3"x6" gauze pads     |
| 3.) Assorted band-aids | 8.) Exam gloves     | 13.) Personal medications |
| 4.) Iodine             | 9.) Moleskin/foam   | 14.) Stomach remedies     |
| 5.) Small scissors     | 10.) Vaseline       | 15.) Sunscreen            |

### NAVIGATION KIT:

- |                           |                  |                              |
|---------------------------|------------------|------------------------------|
| 1.) Protractor            | 4.) PA road map  | 7.) Notepad                  |
| 2.) English/metric ruler  | 5.) Nav line     | 8.) UTM tool                 |
| 3.) PA aeronautical chart | 6.) Light sticks | 9.) Topographic maps of area |

Kits are required for all weekends. We are a viable mission resource that may be called upon at any time!  
All kits must be completed by 7<sup>th</sup> weekend.

Check the Hawk Mt Ranger School web site for uniform and supply order forms from the BX.

"... These things I do that others may live..."

**PENNSYLVANIA WING RANGER CADET COMMAND  
STRUCTURE & FUNCTIONAL JOB DESCRIPTIONS  
2010 RANGER STAFF TRAINING  
RESPONSIBILITIES OF ALL STAFF**

1. Insure that there is no screaming, cursing, name-calling, pranks, hazing, sex, alcohol, or drugs used.
2. Log book must be maintained at all times.
3. Remember, the students are here to learn search & rescue, try to tie things together by linking work details to some form of learning, down time should always be minimized.
4. Down time classes should be taught by all staff members, the staff should teach classes that they are comfortable with and know how to teach.
5. Every member of the staff will carry around a notebook with them to keep track of the schedule, work to be done, and will ALWAYS have a complete list of all the members in the squadron and their count-off numbers.
6. Required staff gear: TC should always have full day gear on them, just like the students. SC, DC, XO are not required to have day gear.
7. Remember, it doesn't matter how good of friends you are with a member of the staff, we are all here to do our jobs, when you step foot on the mountain, you are here for one reason, and one reason alone, that is to get your job done and train your cadets, everything else is unnecessary, your job comes first.
8. Every Member of Ranger Staff is responsible for maintaining the area. ***Each and every staff member must look at the facility as if it is theirs.*** Everyone must work to take care of the base, and to keep it clean and functional. Remember this is your Training Area! Leave it better than you found it!
9. Work Details are a fact of life, chip in, lead by example, if you see something out of place put it away! It is your responsibility to insure that work details are done properly, efficient, safely, and that they are completed (making sure all equipment and tools are returned to there proper place). Give clear, distinct, detailed orders. You must inspect every aspect of the work detail.
10. We do not have regularly scheduled trash pick up. If you bring it in, take it back.
11. There is no running water available during the winter months (October – May). You should bring a gallon or 2 of water that can be stored in your car.

## **CADET EXECUTIVE OFFICER**

1. **Manages the TC's to make sure that they are working with the cadets, teaching the cadets, and always accomplishing any tasks given to them.**
2. **Inspects the TC's uniform, makes suggestions to how they can do their job better, and should set the example for the TC's since the XO already has TC experience.**
3. **Is responsible for squadron security, including logbook, squadron guard duties, base guard duties, and making sure the entire squadron is accounted for.**
4. **Should always be aware of what the squadron members need before leaving area, such as proper uniform and day gear.**
5. **When the squadron commander or DC gives a task that needs to get done, the XO is responsible for making sure that the job gets done.**
6. **Makes sure the squadron is where it needs to be in a timely manner for classes, formations, and makes sure break time and down time is utilized properly, makes sure the squadron is drinking water and getting bathroom breaks. Should make sure the instructor for each class has the proper materials and is ready to teach.**

## **CADET TEAM COMMANDER**

1. **Leads BY EXAMPLE.**
2. **Except for a couple approved breaks by the squadron commander, the TC spends all their time with the students.**
3. **Should know each cadet in their team, where they sleep, who they hang around with, what their count-off number is, they should know everything about their team members.**
4. **Wins the respect of the students by taking care of their needs, helping them understand classes, teaching them about their equipment, answering questions, encouraging them during work and PT and by doing tasks with them during work time.**
5. **Should never appear tired, unprofessional, or unmotivated, the TC should do everything the students do, but better and without showing any of these signs.**
6. **Must make sure students are paying attention and not falling asleep during classes.**
7. **The TC gets the job done by showing the students how to do it and doing it with them, you DO NOT stand around and bark out orders to the students.**

Please check which activities you will be available to Staff and/or attend in the coming year:

**Summer Activities**

- 2010 Hawk Mountain Ranger School
- 2011 Hawk Mountain Ranger School
- 2012 Hawk Mountain Ranger School

**Fall Weekends**

- 2010 Krista Griesacker Memorial Adventure Race
- 2010 First Aid Weekend
- 2010 Navigation Weekend
- 2010 Ranger Team Competition (circle) Competing or Support Staff

**Winter Activities**

- 2011 Ranger Meeting
- 2011 Winter School East
- 2011 Winter School West

**Personal Evaluation:**

Position most able to hold: \_\_\_\_\_

Position most desired: \_\_\_\_\_

**Abilities:**

Areas of Strength:

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Areas of Weakness:

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**Final Goals at the end of your Cadet career:**

Cadet Grade: \_\_\_\_\_ Scarves: \_\_\_\_\_

Ranger Grade: \_\_\_\_\_ School: \_\_\_\_\_

Medic Grade: \_\_\_\_\_ Military Service \_\_\_\_\_

Hawk Mountain Staff Position: \_\_\_\_\_

Home Squadron Staff Position: \_\_\_\_\_

Other CAP Positions: \_\_\_\_\_

throughout the training of their needed requirements for graduation. I understand that any modifications or revisions of the Staff Training Graduation Requirements will be announced by the 6th Staff Training Weekend, giving ample time for all candidates to complete any additional requirements or be in accordance with any regulations during the training. I understand, having read carefully the Class List, Homework Assignments and Graduation Requirements, that this signed letter in itself is a pass/fail requirement due the 3<sup>rd</sup> Weekend.

In addition to the above terms, I agree to abide by the rules set forth by the Ranger Staff Cadet Honor Code, the Hawk Mountain Ranger Staff Program, I also know that any violation of those rules or of this agreement may result in my termination from training and/or inability to receive a Scarf. This agreement is subject to interpretation by the Cadet Commander and the Senior Project Officer. My signature below indicates my intention to complete Ranger Staff Training and to abide by this agreement and the rules of training. I further explain my commitment to my parents/guardians and home unit commander as verified by their signatures on this agreement.

I understand that I am encouraged to discuss any questions or concerns concerning this agreement with the Senior Project Officer Lt Jeff Berky. He will be available to discuss this agreement formally in person on 3<sup>rd</sup> Weekend. Any parents or Unit Commanders that wish to contact Lt Jeff Berky can contact him via his contact information listed in the Staff Training Handbook, p. 7.

Finally, I agree to abide by the Ranger Creed:

### THE RANGER CREED

It is my duty as a member of the Rangers  
of the Civil Air Patrol ground search & rescue service,  
to save lives, aid the injured, and protect their property.

In order to do this, I will keep myself physically fit at all times.

I will be prepared at all times to perform my assigned duties  
quickly and efficiently, placing these duties before my personal  
desires and comfort.

These things I do that others may live...

### HONOR CODE

I SHALL NOT  
LIE, CHEAT, OR STEAL,  
NOR TOLERATE THOSE AMONG US WHO DO

Be Drug Free and Proud

I SHALL NOT USE OR POSSESS ANY NON-PRESCRIPTION DRUGS INCLUDING ALCOHOL AND TOBACCO PRODUCTS.



\_\_\_\_\_  
TRAINEE SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
UNIT COMMANDER SIGNATURE

\_\_\_\_\_  
DATE

# **RANGER STAFF TRAINING GRADUATION REQUIREMENTS**

## **YELLOW SCARF:**

### **Online Testing:**

SET, OPSEC, ORM  
NIMS FEMA IS 100, 200, 700 & 800

### **Emergency Services:**

GES Certified (Current 101 certification)  
Ground Team Member-Level Three (current 101 certification)  
Ranger Grade R-2

### **Staff Training Requirements:**

Signed Training Agreement  
Form 31 and Form 60 (Fully Signed) for Summer School  
Complete Staff Training Binder  
Homework (80% minimum score)  
Attendance (7 weekends required)  
Survival Hike Completion  
Passing Uniform Inspection  
Complete Staff Kit  
Pass Final Review Board

### **Cadet Program Requirements:**

Encampment Completion  
Complete 1 Achievement

### **Physical Requirement:**

1.5 Mile Run (12:00 maximum)  
Sit-ups (20 minimum)  
Push-ups (15 minimum)  
Squat Thrusts (15 in one minute)  
Rope Climb  
Dry Obstacle Course  
3 Min Pull-ups  
R-1 PT test  
Person Carry