

Clothing

- This is your first layer of protection from the elements
- Standard Uniform (BDU's)
 - may need clothing to fit weather – cold weather, rain, etc.

24 Hour Pack

May be a variety of equipment setup up, including civilian or military to include: Military Web belt, Civilian book bag, Civilian Hiking equip, etc. This is your main gear to be carried around with you in the field. Should be pack tight and light.

24 Hour Pack *Requirement*

- On your person:
 - Complete BDU uniform
 - Notepad and pencil
 - All CAP Identification
 - Watch
 - Vest, reflective, orange
 - Whistle

24 Hour Pack Continued *OPTIONAL*

- Personal First Aid Kit - recommended items
 - Antiseptic cleansing pads
 - Antiseptic ointment
 - 6 Band-Aids, various sizes
 - Moleskin, 2" X 4"
 - Roller bandage
 - 2 Safety pins, large
 - 4 gauze pads
 - 1 Triangular Bandage
 - Tape, first aid
 - Personal medication (senior members must be made aware)
 - Rubber surgical gloves

24 Hour Pack Continued*Required*

- Survival Equipment
 - Duct tape, 5-10 feet
 - Leaf bag, large
 - 12 waterproofed matches
 - Match container, waterproof, with striking surface
 - 1 Chemical Light Stick, Green (T)
 - 50' of nylon line (paracord).
 - Signal Mirror

24 Hour Pack Continued*HIGHLY RECOMMENDED*

- General SAR Equipment
 - Change of socks
 - Flagging tape
 - Flashlight (with red or blue lens, spare bulb and batteries)
 - Spare Flashlight
 - Insect Repellent
 - Lip balm
 - Sunscreen
 - Tissue Paper
 - Leather Work Gloves
 - 4 Moist Towelettes
 - Change for phone calls, calling card or cell phone

24 Hour Pack Continued

- Other GT Equipment*REQUIRED*
 - 6 Meals in field
 - Shelter Material
 - Coat (appropriate to climate)
 - Poncho
 - 2 Canteens (1 quart)
 - 1 Canteen Cup
 - Compass (Lensatic or Orienteering), (may be inexpensive)
 - Pocket Knife (Multipurpose knife or tool like Swiss Army Knives or Gerber Tools)

24 Hour Pack Continued

Other Items *REQUIRED*

- Spare Uniform and Undergarments in waterproof bag(s) *highly Recommended*
- Sleeping Bag & Pad
- Toiletry Kit
- Durable Rainwear
- Optional Items
 - Webbing, nylon, 1” wide, 20’ long
 - Water Purification Tablets *highly recommended*
 - Entrenching Tool *highly recommended*
 - Handheld Radio (must meet CAP standards) *if you already own one*